

Covid-Safe Events Guidance

The following precautions are intended to reduce the risk of viral infection to and from Herts and Middlesex Wildlife Trust (HMWT) staff, volunteers and the public when the Trust is delivering educational and engagement activities.

- We recommend to socially distance from anyone not in your household
- Face coverings are recommended in crowded and indoor spaces
- Indoor and outdoor events will have at least 1 metre spacing between family groups
- By registering a place on an event, your contact details will be collected in line with our [Privacy Policy](#) and may need to be used in support of the Government's Test and Trace system

1. Booking a Place

Most of our events are bookable in advance as they have a limited capacity. If you just show up, unfortunately we will be unable to accept you, even if we have spaces. If things change and you can no longer make the event, please let us know as soon as you can so we can offer your place to someone else.

2. Before Attending

Check for any updates from the Trust before setting off.

If you have any of the Covid-19 symptoms, however slight, you must not attend.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Around 1 in 3 people with COVID-19 do not have Covid symptoms. Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others. Whilst not mandatory, we recommend you undertake a lateral flow test prior to attending an event and only attend if the test is negative.

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

You may want to bring your own hand sanitiser, face covering and small first aid kit.

3. On the Event

Listen to the walk leader's safety briefing at the beginning of the event.

Maintain social distancing from people outside your family group. When other walkers are passing, please step aside and leave enough room whenever possible.

Avoid touching gates and stiles whenever possible. If you do, use hand sanitiser immediately afterwards.

Do not share food or drink, or equipment such as binoculars or books.

If you are having problems, feel unwell or need to slow down, please let the event leader know. They will be first aid trained but may not be able to attend to you in the event of a minor scrape or cut so it's a good idea to carry your own small first aid kit. They will have a fully charged mobile phone to call for emergency assistance if required.

4. After the Event

If you develop Covid-19 symptoms after the event, follow the current government guidance and follow their advice on NHS contact tracing. <https://www.gov.uk/coronavirus>

Leave feedback using the anonymous feedback survey link we will send you. This will help us improve our events for all.

